

# Multivariate: Logistic regression

## Table of contents

<b>1</b>	<b>Goals</b>	<b>2</b>
1.1	Goals . . . . .	2
<b>2</b>	<b>Linear regression and extensions</b>	<b>2</b>
2.1	Review: Linear regression . . . . .	2
2.2	Linear regression with a binary variable . . . . .	11
2.3	Next steps . . . . .	13
<b>3</b>	<b>Logistic regression</b>	<b>14</b>
3.1	Logistic regression . . . . .	14
3.2	Probability metric . . . . .	18
3.3	Odds metric . . . . .	23
3.4	Logit or log-odds metric . . . . .	28
3.5	Metrics wrap-up . . . . .	30
3.6	A tiny detour . . . . .	32
<b>4</b>	<b>Estimation and model fit</b>	<b>32</b>
4.1	Estimation . . . . .	32
4.2	$R^2$ measures . . . . .	33
4.3	Model comparisons . . . . .	35
<b>5</b>	<b>Summary</b>	<b>36</b>
5.1	Summary . . . . .	36

# 1 Goals

## 1.1 Goals

### 1.1.1 Goals of this lecture

- My outcome variable **isn't normally distributed**
  - It's **binary!!!**
  - **Two mutually exclusive categories**
    - \* yes/no, pass/fail, diagnosed/not, etc.
  - Linear regression assumptions are violated
- Use **logistic regression** to analyze the outcome
  - It's an **extension** of linear regression, so many of the **same concepts** still apply

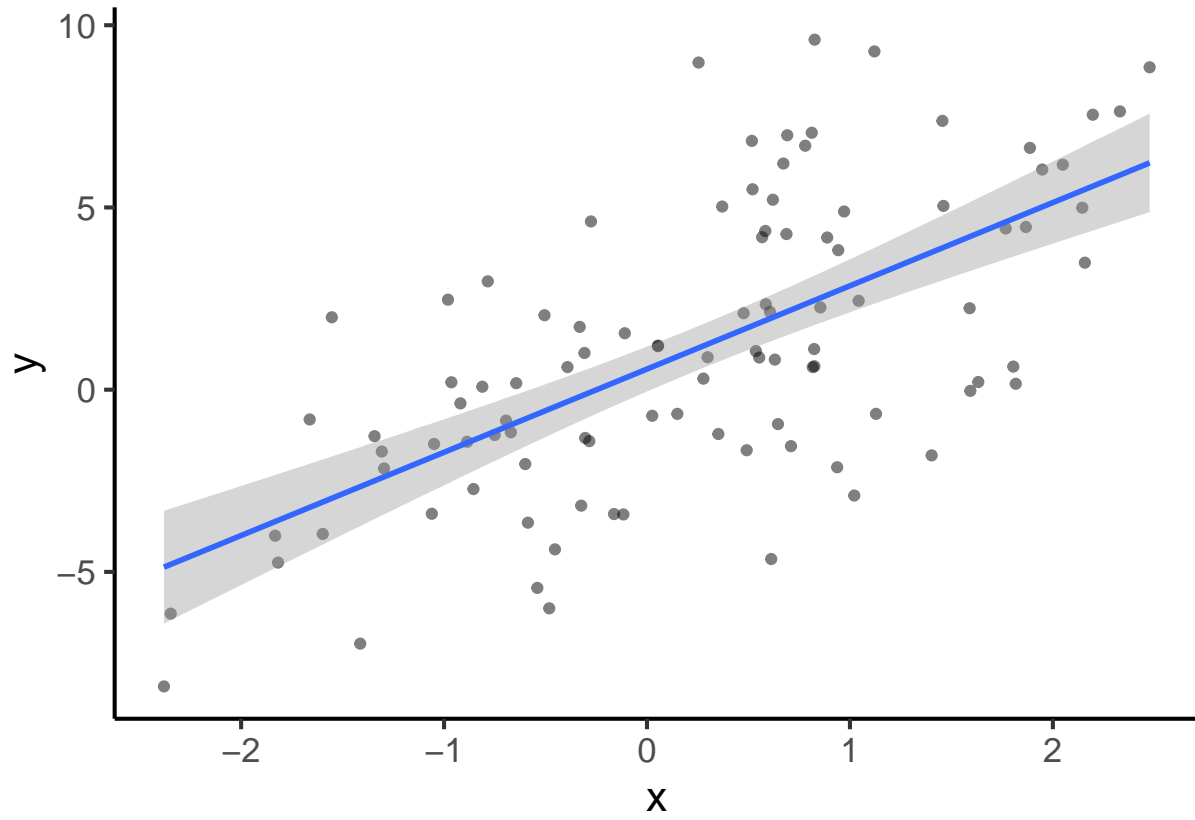
## 2 Linear regression and extensions

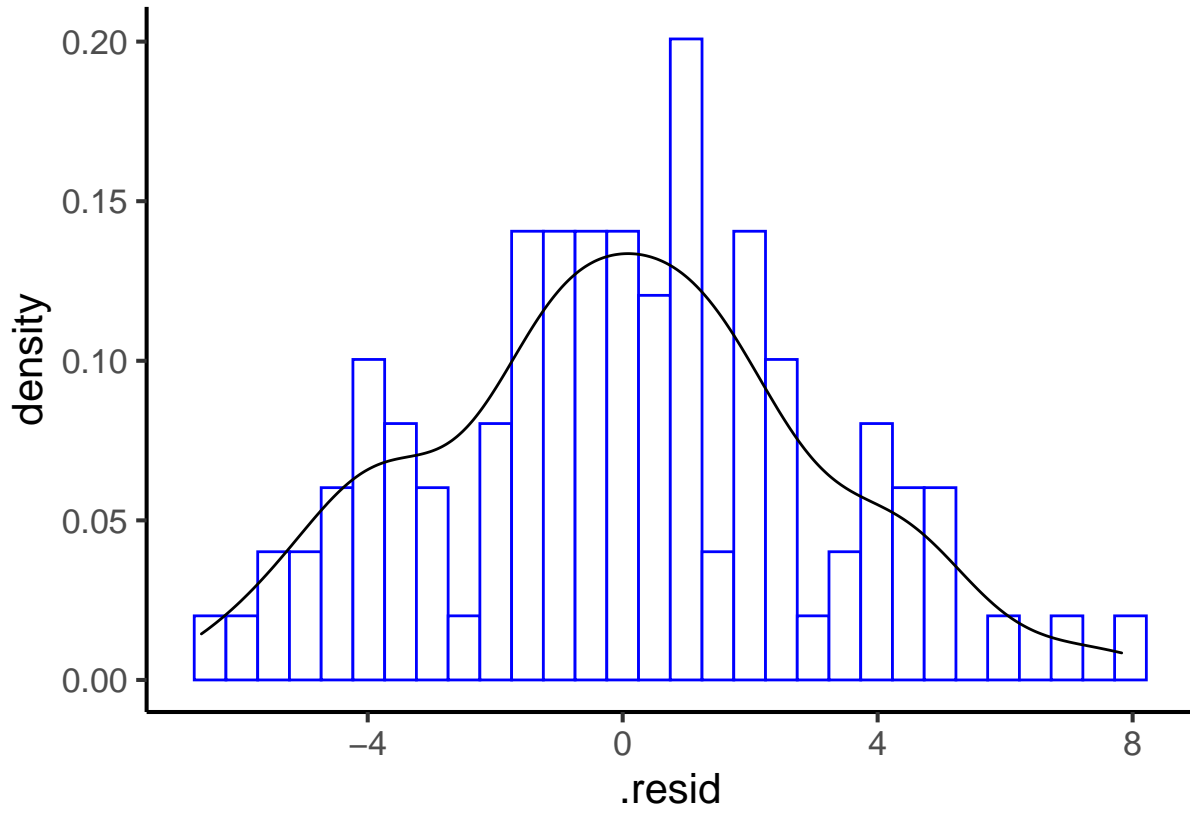
### 2.1 Review: Linear regression

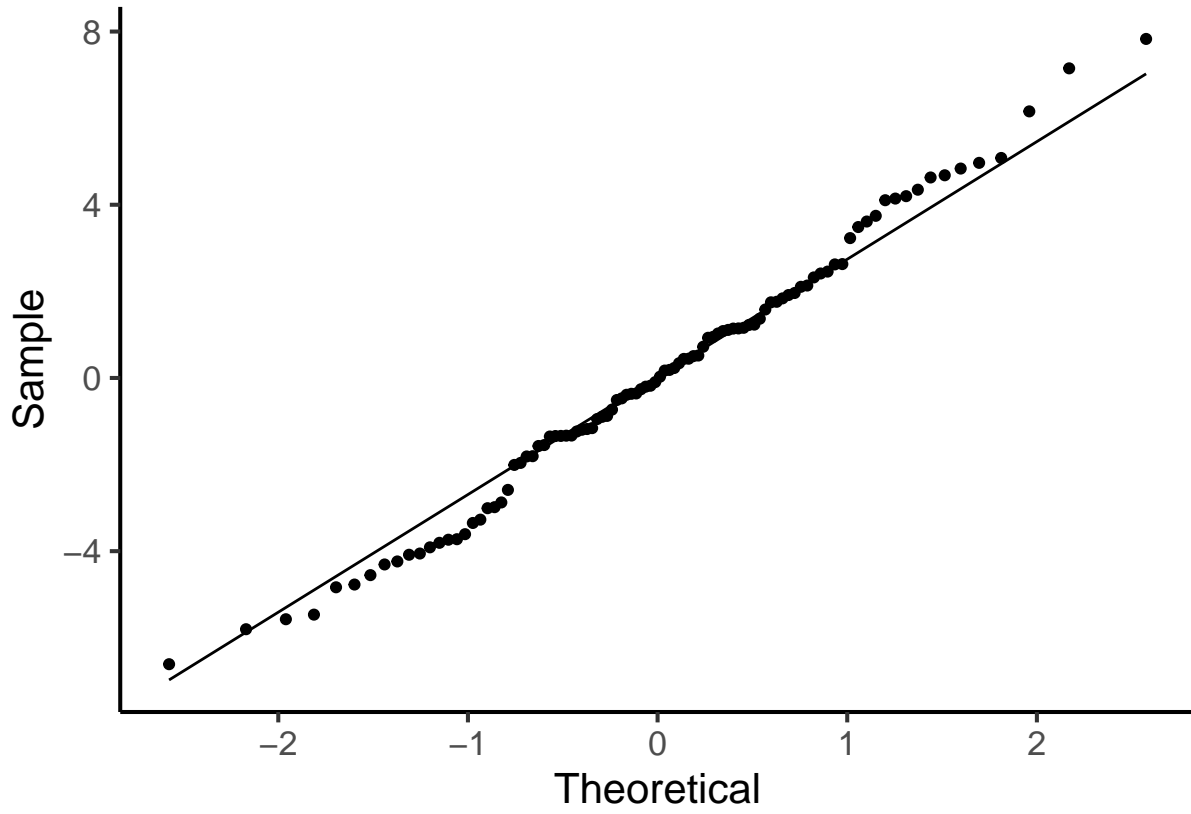
#### 2.1.1 Assumptions of linear regression

General linear model (GLM, linear regression, ANOVA) makes **three assumptions** about the **residuals** ( $e_i = Y_i - \hat{Y}_i$ ) of the model

1. **Independence**: observations (i.e., residuals) from different subjects **do not depend on one another**
2. **Constant variance** (homoscedasticity): **variance of residuals is same** at all values of predictor(s)
3. **Conditional normality**: **residuals are normally distributed** at each value of predictor(s)





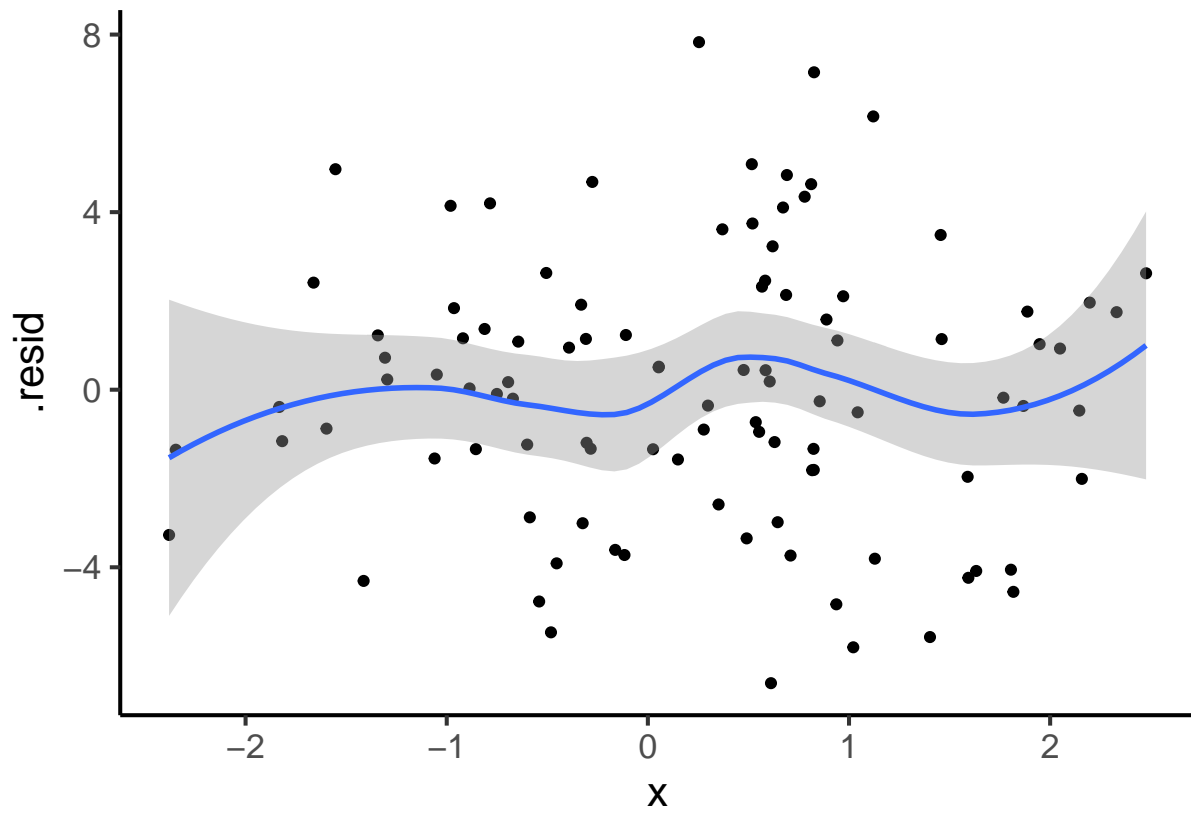


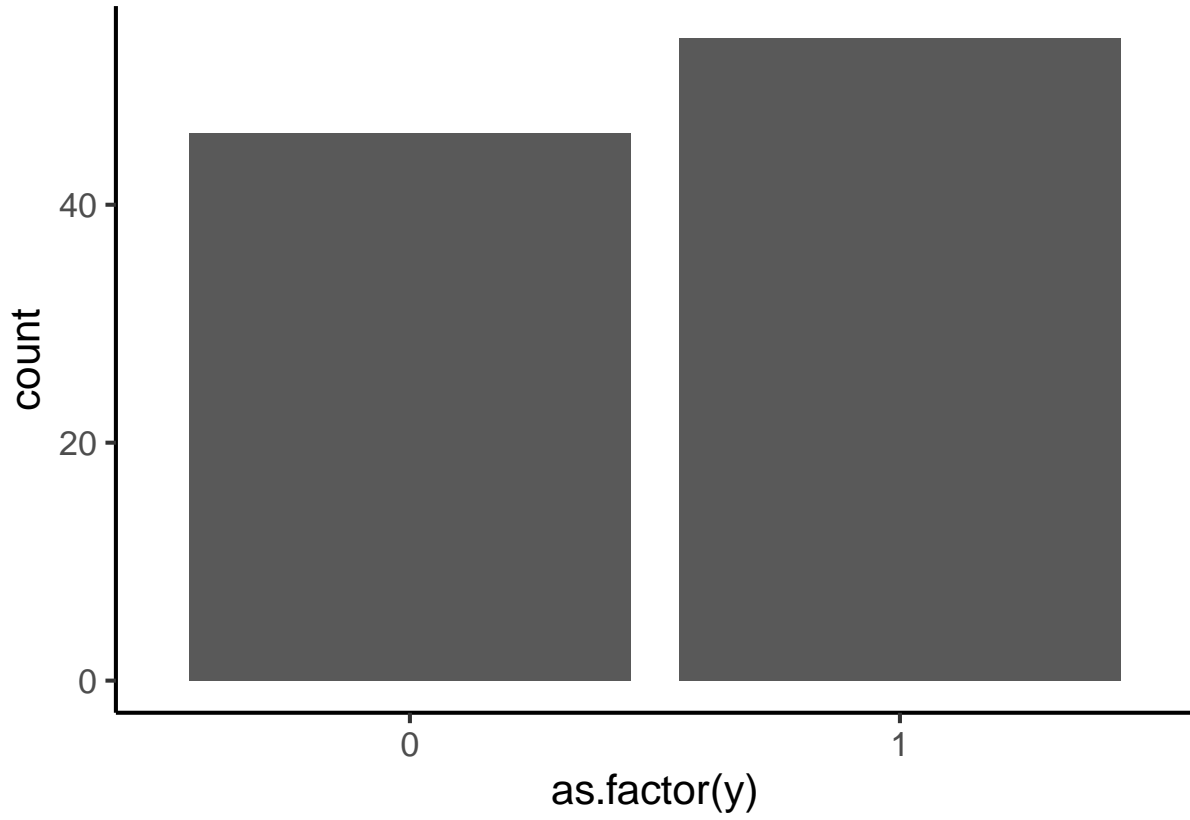
2.1.2 Linear regression on normal outcome

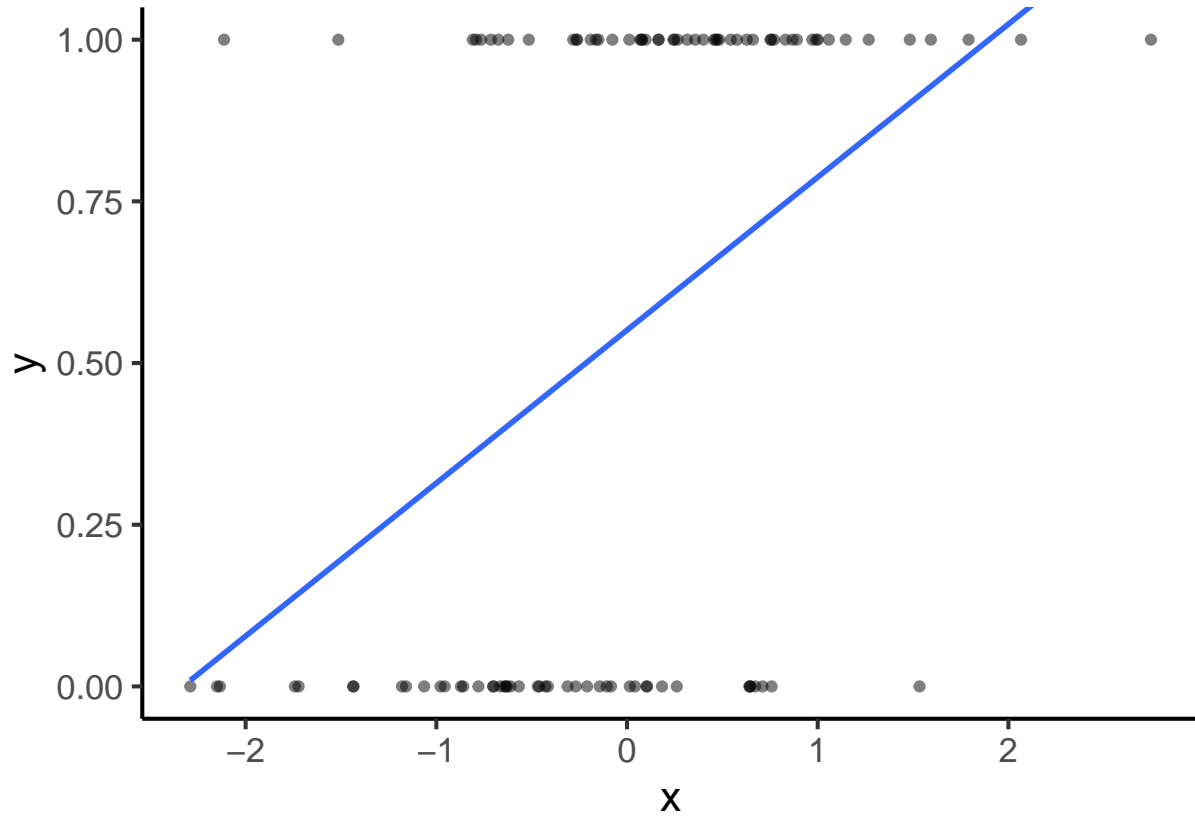
2.1.3 Assumptions met!

2.1.4 Assumptions met!

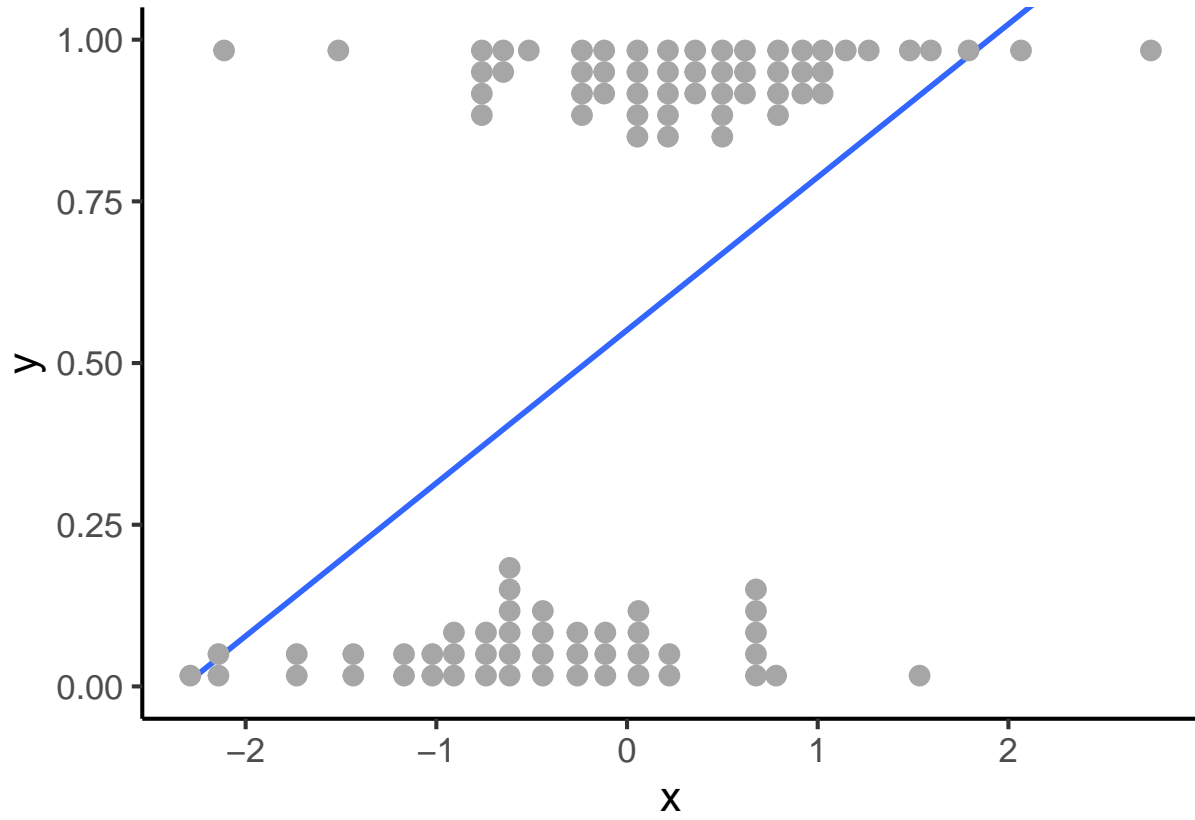
2.1.5 Assumptions met!

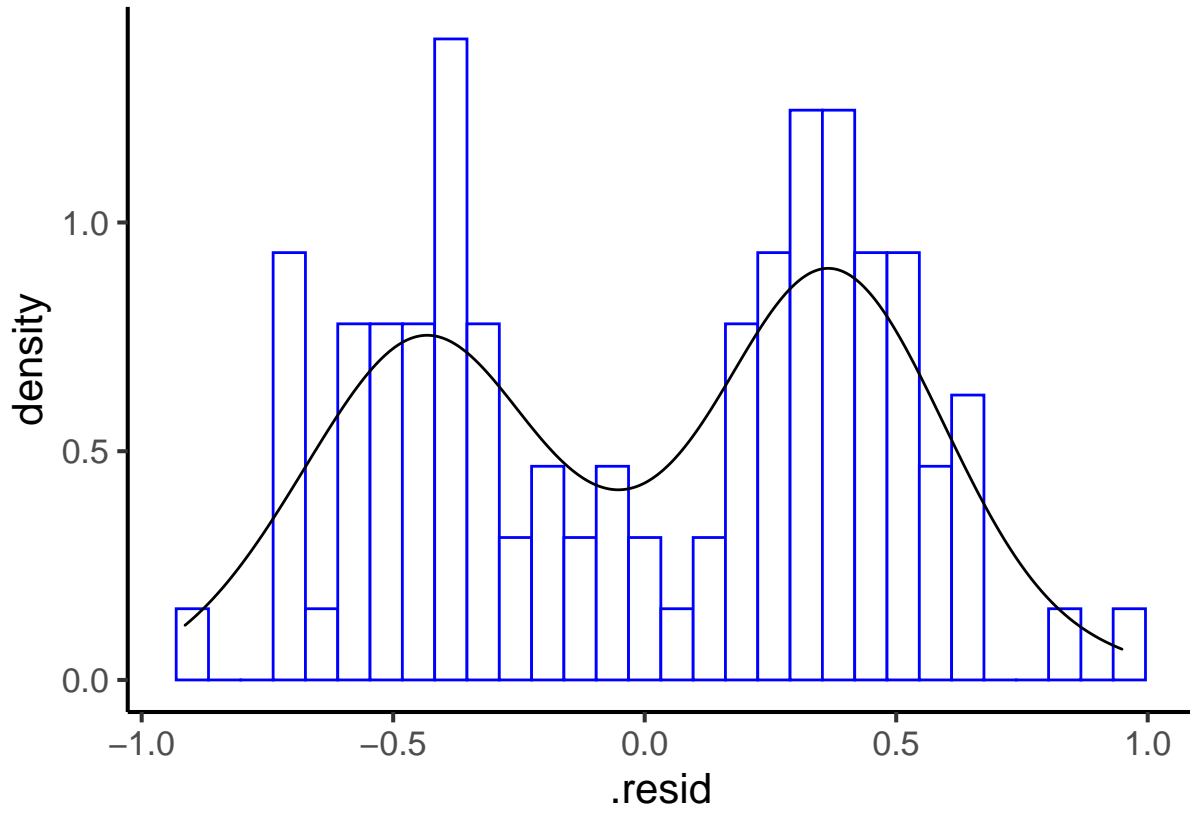












## 2.2 Linear regression with a binary variable

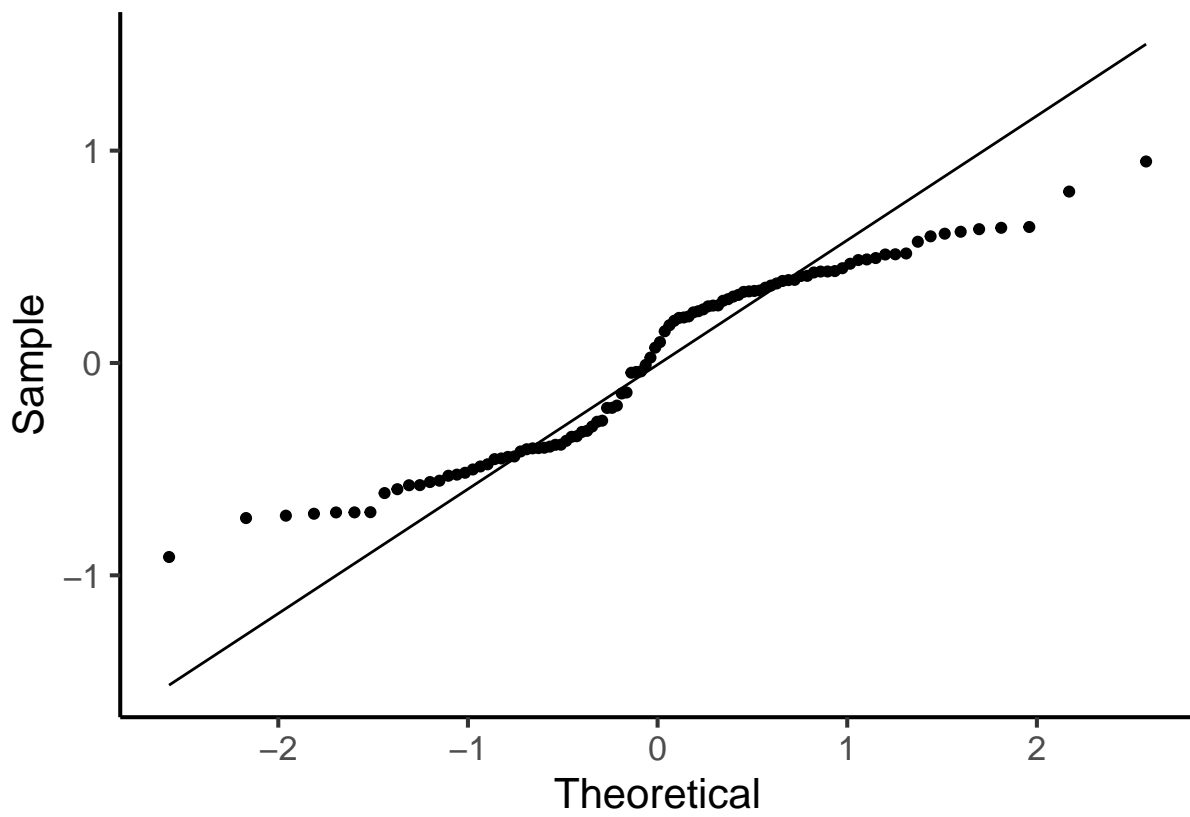
### 2.2.1 A binary variable is not normal

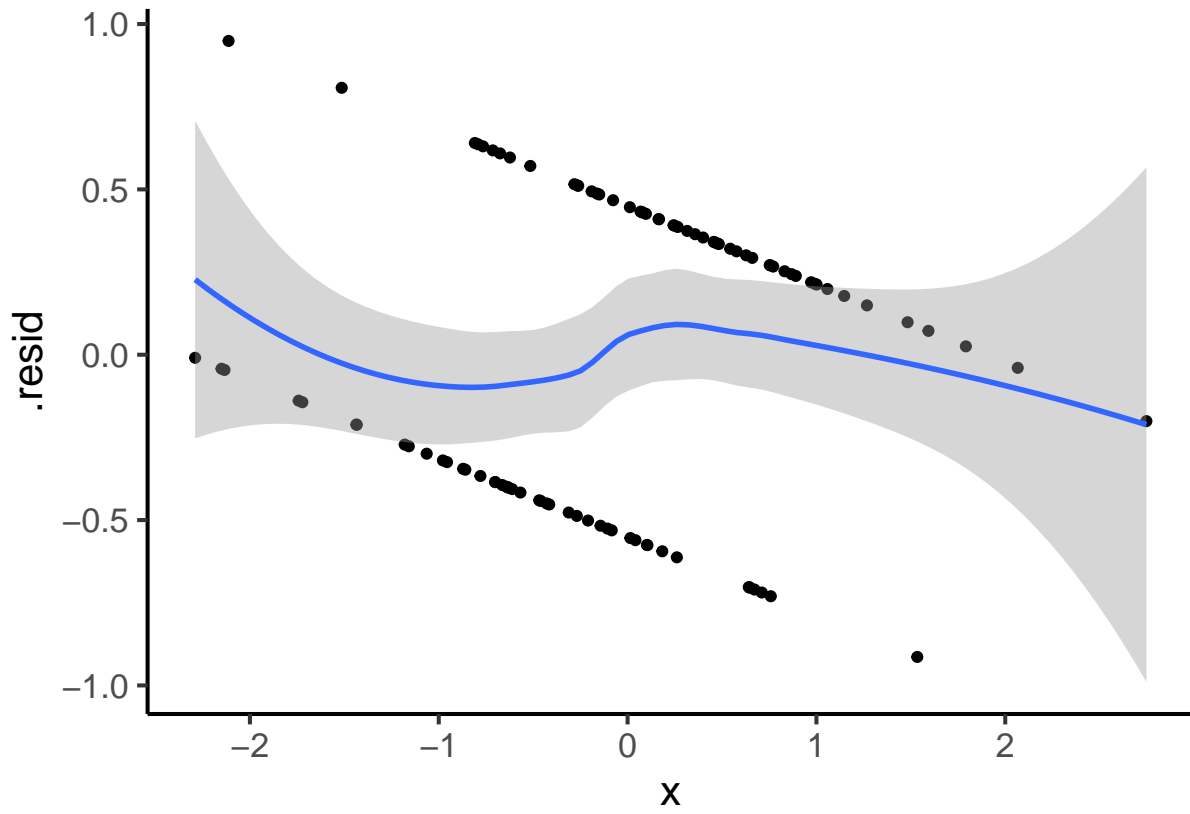
### 2.2.2 Plot of data with fit line

### 2.2.3 Plot of data with fit line

### 2.2.4 Plot of residuals

### 2.2.5 Plot of residuals





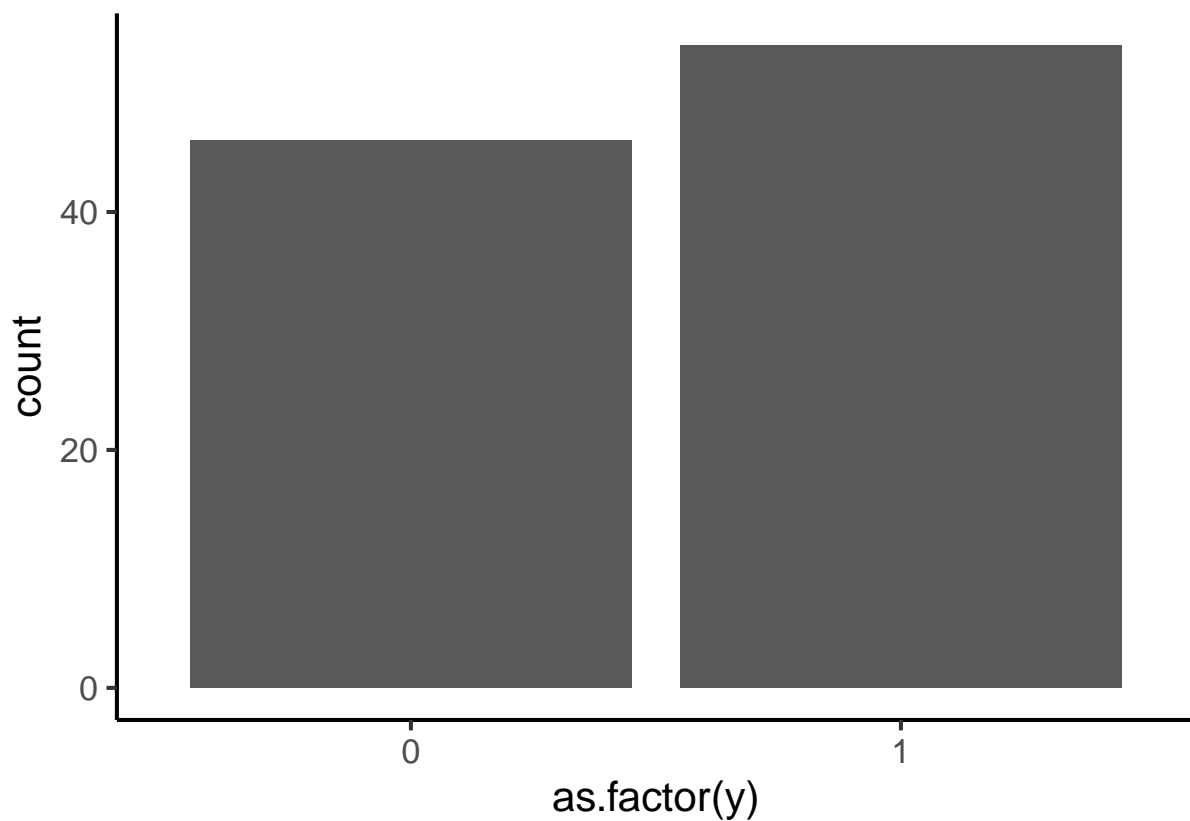
## 2.2.6 Plot of residuals

## 2.3 Next steps

### 2.3.1 What NOT to do

- **Ignore** the problem
  - Do linear regression anyway
  - Call it **linear probability model**
- **Transform** the outcome
  - Square root, natural log, etc.
  - May *slightly* normalize *univariate* residual distribution
  - **Does not fix heteroscedasticity, (conditional) non-normality**

### 2.3.2 A binary variable is not normal



### 2.3.3 What to do

The **generalized linear model (GLiM)**

- Not a single model but a **family** of regression models
- **Choose** features (e.g., residual distribution) to match the **characteristics** of your outcome variable
- Accommodates many **continuous** and **categorical** outcome variables
- Includes **logistic regression** and **Poisson regression**

## 3 Logistic regression

### 3.1 Logistic regression

#### 3.1.1 (Binary) logistic regression

- **Outcome:** binary
  - Observed value ( $Y$ ): 0 or 1, where 1 = “success” or “event”
  - Predicted value ( $\hat{Y}$ ): **Probability** of success, between 0 and 1
- **Residual distribution:** binomial
- **Link function:** logit (or log-odds) =  $\ln\left(\frac{\hat{Y}}{1-\hat{Y}}\right)$

$$\ln\left(\frac{\hat{Y}}{1-\hat{Y}}\right) = \ln\left(\frac{\hat{p}}{1-\hat{p}}\right) = b_0 + b_1X_1 + b_2X_2 + \dots + b_pX_p$$

#### 3.1.2 Reminder: normal distribution

$$f(x) = \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{(x-\mu)^2}{2\sigma^2}}$$

Mean of normal distribution =  $\mu$

Variance of normal distribution =  $\sigma^2$

- Mean and variance are **different parameters** and are **unrelated**

### 3.1.3 Binomial distribution

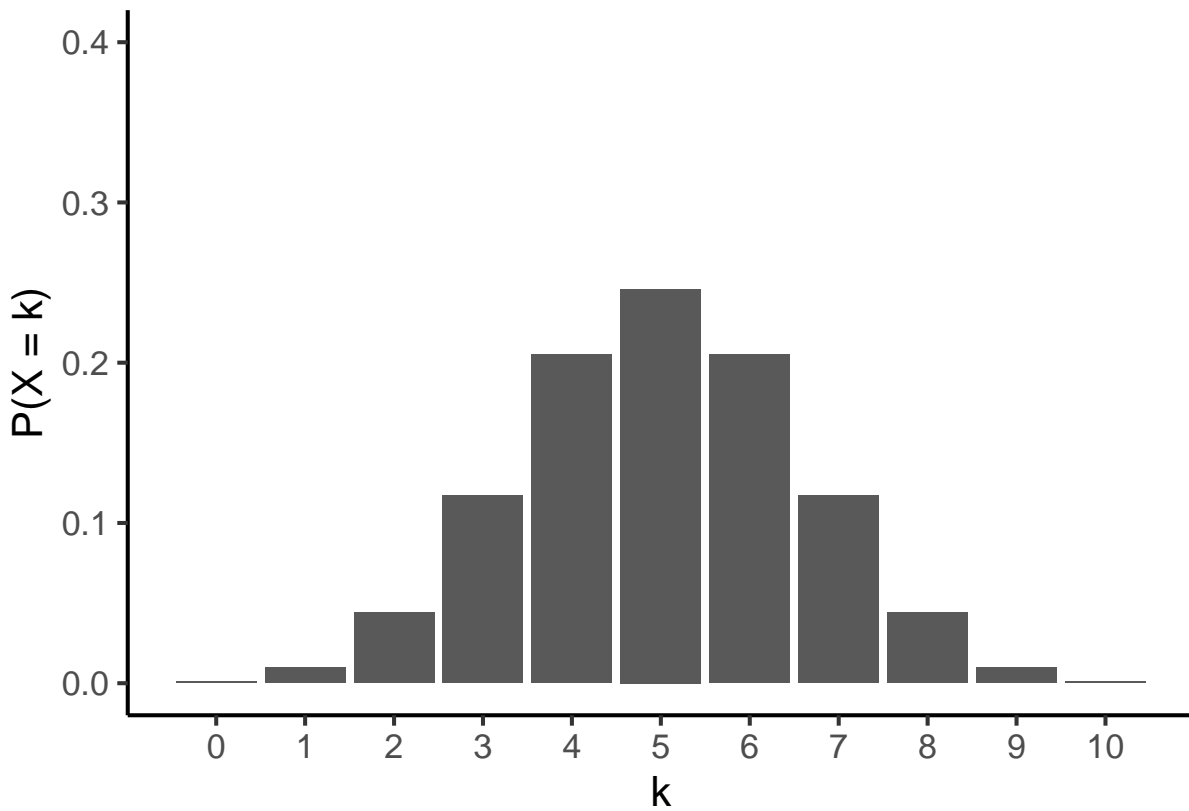
$$P(X = k) = \binom{n}{k} p^k (1 - p)^{n-k}$$

- $n$  is the sample size
- $p$  is the probability of an event
- $k$  is the observed number of events
- $\binom{n}{k} = \frac{n!}{k!(n-k)!}$  and is read as “ $n$  choose  $k$ ”

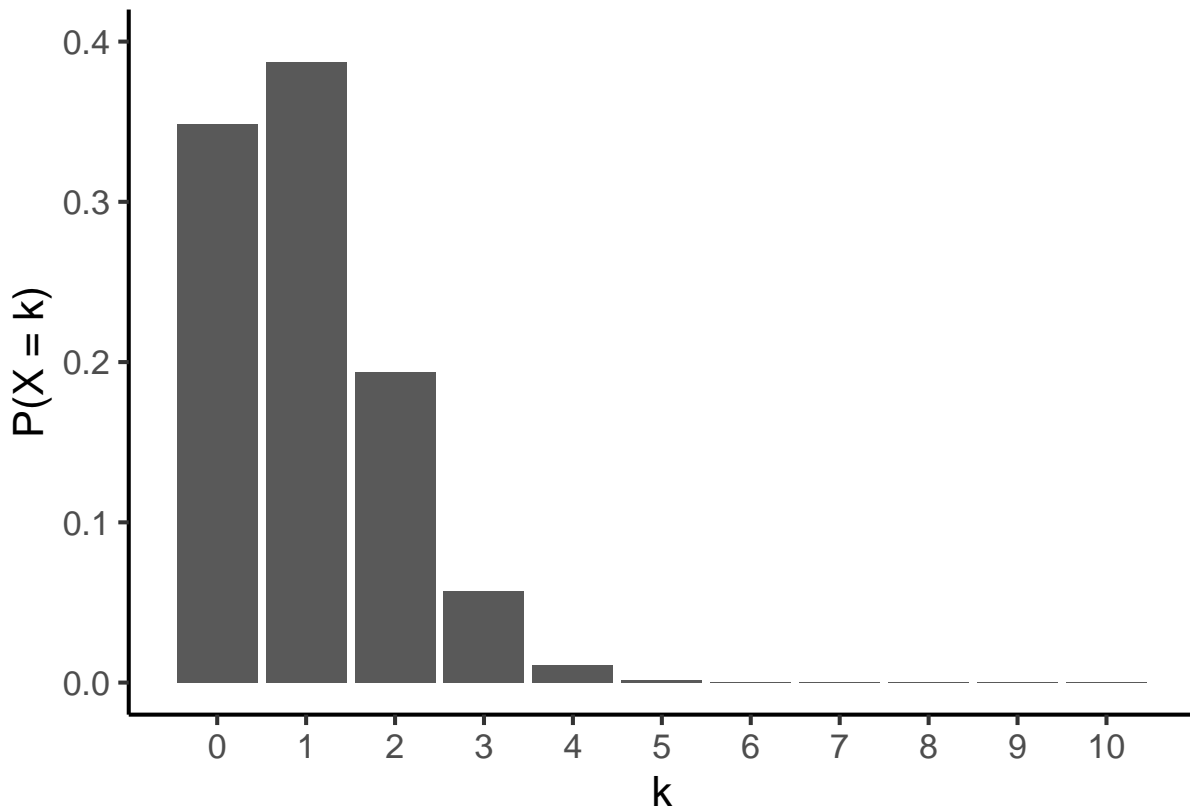
### 3.1.4 Binomial distribution

What is the probability of having  $k$  events in  $n$  trials, each of which has probability  $p$  of being an “event”?

- $p = 0.5, n = 10$



- $p = 0.1, n = 10$



### 3.1.5 Binomial distribution

$$P(X = k) = \binom{n}{k} p^k (1 - p)^{n-k}$$

Mean of a binomial distribution:  $np$

Variance of a binomial distribution:  $np(1 - p)$

- Mean and variance are **related** to one another
  - They are functions of the same parameters ( $n$  and  $p$ )
- **Heteroscedasticity is built into logistic regression**

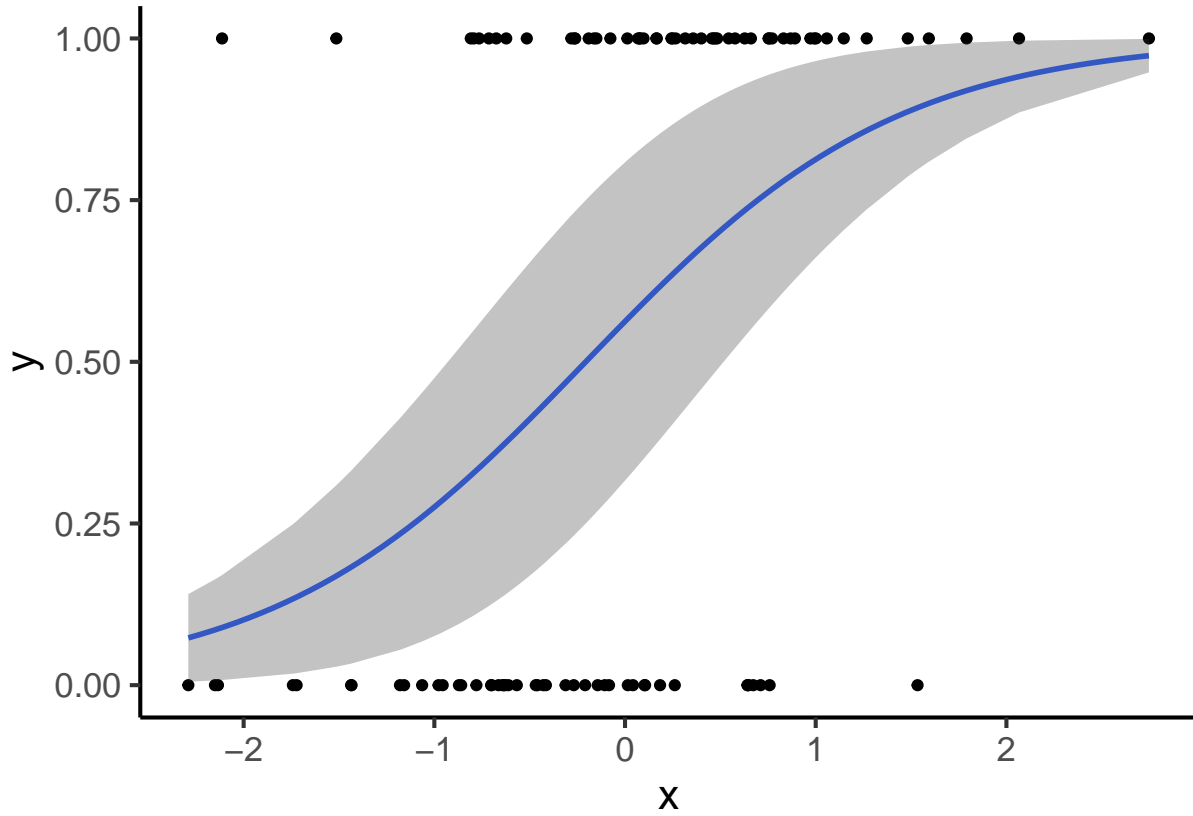
### 3.1.6 Logistic regression: What we model

- Linear regression: Model the **mean** of the outcome (conditional on predictor(s))
- Logistic regression: Model the **probability of a “success” or “event”** (conditional on predictor(s))



- From the **probability**, we can also get the **odds** of a success and the **logit** or **log-odds** of a success

3.1.7 Figure: What we model



### 3.1.8 Three forms of logistic regression

Probability:

$$\hat{p} = \frac{e^{(b_0 + b_1 X_1 + b_2 X_2 + \dots + b_p X_p)}}{1 + e^{(b_0 + b_1 X_1 + b_2 X_2 + \dots + b_p X_p)}}$$

Odds:

$$odds = \frac{\hat{p}}{1 - \hat{p}} = e^{b_0 + b_1 X_1 + b_2 X_2 + \dots + b_p X_p}$$

Logit:

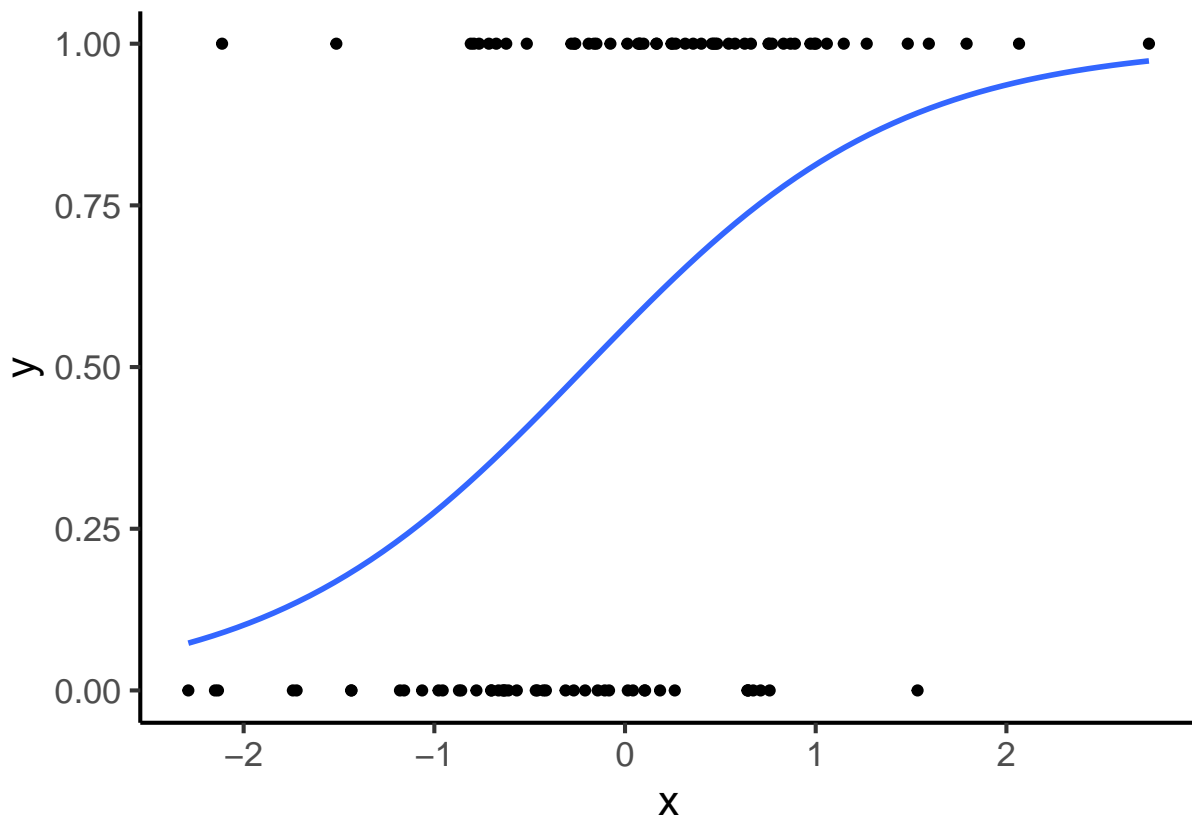
$$\ln\left(\frac{\hat{p}}{1-\hat{p}}\right) = b_0 + b_1X_1 + b_2X_2 + \dots + b_pX_p$$

## 3.2 Probability metric

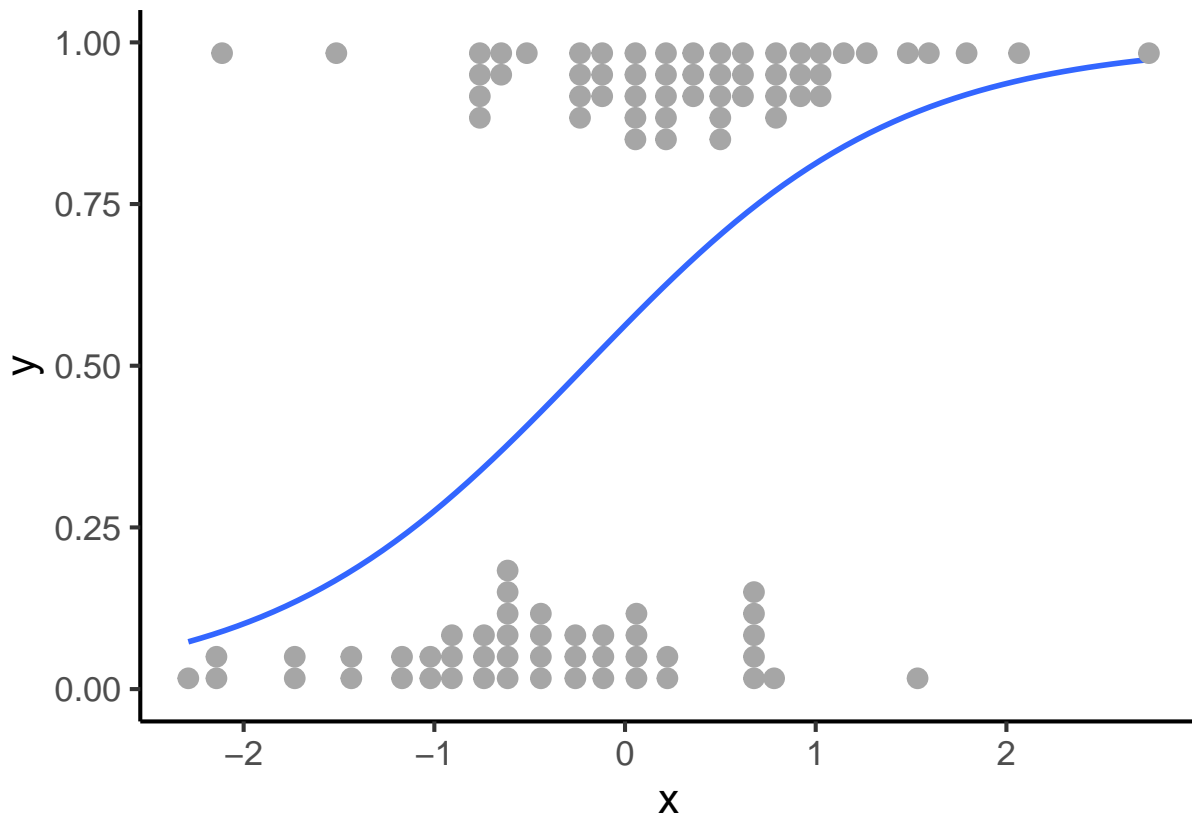
### 3.2.1 What is probability ( $p$ )?

- Likelihood of a “success” or “event”
- Ranges from 0 to 1
- Both options are equally likely when  $p = 0.5$

### 3.2.2 $\hat{p} = \frac{e^{0.251+1.219X}}{1+e^{0.251+1.219X}}$



$$3.2.3 \hat{p} = \frac{e^{0.251+1.219X}}{1+e^{0.251+1.219X}}$$



### 3.2.4 Probability metric interpretation: General

$$\hat{p} = \frac{e^{0.251+1.219X}}{1 + e^{0.251+1.219X}}$$

General interpretation of **intercept**:

$b_0$  is related to the **probability of success** when  $\mathbf{X} = \mathbf{0}$

- $b_0 > 0$ : Success (1) more likely than failure (0) when  $X = 0$
- $b_0 < 0$ : Failure (0) more likely than success (1) when  $X = 0$

### 3.2.5 Probability metric interpretation: General

$$\hat{p} = \frac{e^{0.251+1.219X}}{1 + e^{0.251+1.219X}}$$

General interpretation of **slope**:

$b_1$  tells you how **predictor X relates to probability of success**

- $b_1 > 0$ : Probability of a success increases as X increases
- $b_1 < 0$ : Probability of a success decreases as X increases

### 3.2.6 Probability metric interpretation: Example

$$\hat{p} = \frac{e^{0.251+1.219X}}{1 + e^{0.251+1.219X}}$$

Interpretation of example **intercept**:

- $b_0 > 0$ : **Success (1) more likely than failure (0) when X = 0**
- Probability of success when X = 0:

$$\frac{e^{b_0}}{1+e^{b_0}} = \frac{e^{0.251}}{1+e^{0.251}} = 0.562$$

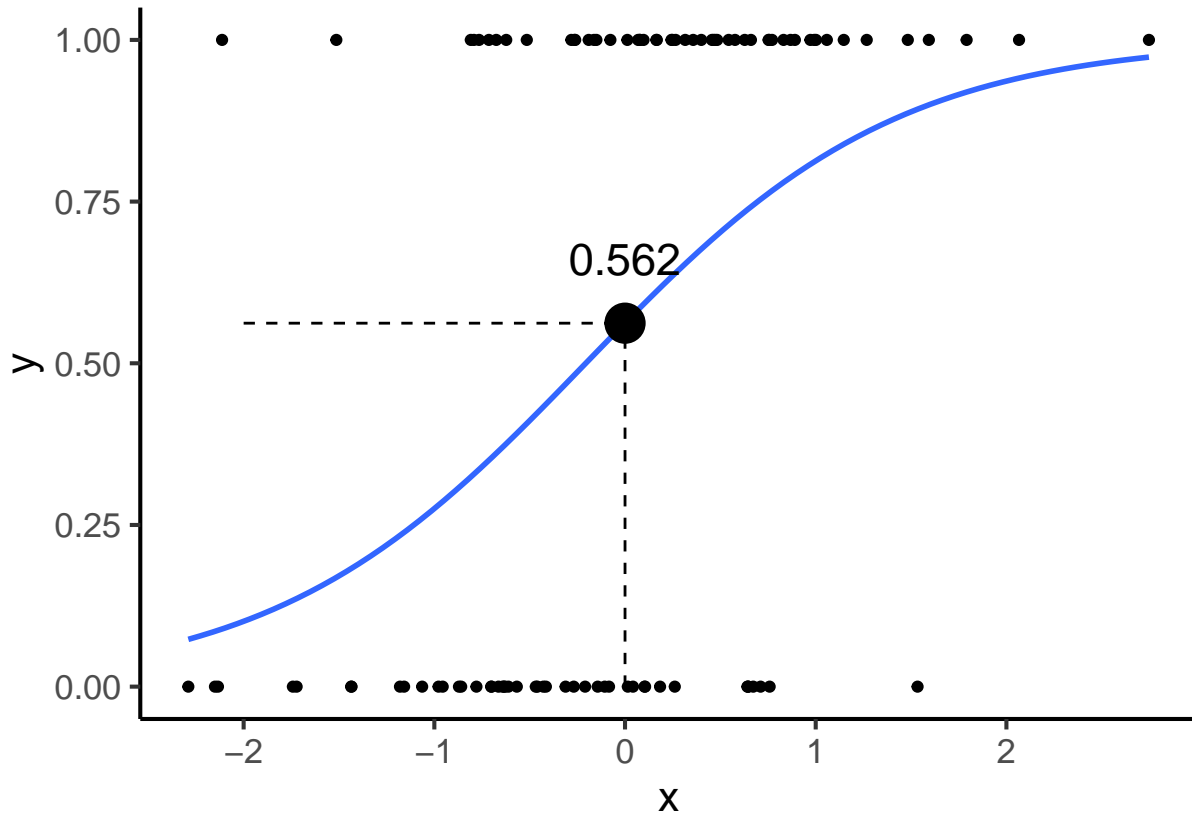
### 3.2.7 Probability metric interpretation: Example

$$\hat{p} = \frac{e^{0.251+1.219X}}{1 + e^{0.251+1.219X}}$$

Interpretation of example **slope**:

- $b_1 > 0$ : **Probability of a success increases as X increases**

### 3.2.8 P(success|X=0)



### 3.2.9 Probability metric interpretation: Non-linear

- Linear regression:
  - **Constant**, linear slope
  - Slope depends on the **slope only**
- Logistic regression (probability):
  - **Non-linear** slope
  - Slope depends on BOTH **slope** ( $b_1$ ) and **predicted probability** ( $\hat{p}$ )
    - \* The slope of the **tangent to the regression line** at the predicted outcome value =  $\hat{p}(1 - \hat{p})b_1$

### 3.2.10 Probability metric interpretation: Non-linear

When  $X = 1.5$ :

$$\hat{P}(\text{success}) = \hat{p} = \frac{e^{b_0+b_1X}}{1 + e^{b_0+b_1X}} = \frac{e^{0.251+1.219 \times 1.5}}{1 + e^{0.251+1.219 \times 1.5}} = 0.889$$

Approximate **slope** at that point is

$$\hat{p}(1 - \hat{p})b_1 = 0.889 \times (1 - 0.889) \times 1.219 = 0.12$$

### 3.2.11 Probability metric interpretation: Non-linear

X value	Predicted probability	Slope
-3	0.03	0.04
-2	0.10	0.11
-1	0.28	0.24
0	0.56	0.30
1	0.81	0.19
2	0.94	0.07
3	0.98	0.02

### 3.2.12 A caution about probability equation

#### Warning

You might also see the probability defined as  $\hat{p} = \frac{1}{1+e^{-(b_0+b_1X)}}$

Or more generally,  $\hat{p} = \frac{1}{1+e^{-(Xb)}}$

- These are **numerically equivalent** to what we've talked about
  - But did you notice the negative sign?
  - No? You didn't expect it and missed it in the complicated equation?
  - Yeah, that's why we don't use this version

### 3.3 Odds metric

#### 3.3.1 What are odds?

*Odds* is the **ratio of two probabilities**

- Model the probability of a “success”
- Odds is the ratio of probability of a “success” ( $\hat{p}$ ) to the probability of “not a success” ( $1 - \hat{p}$ )

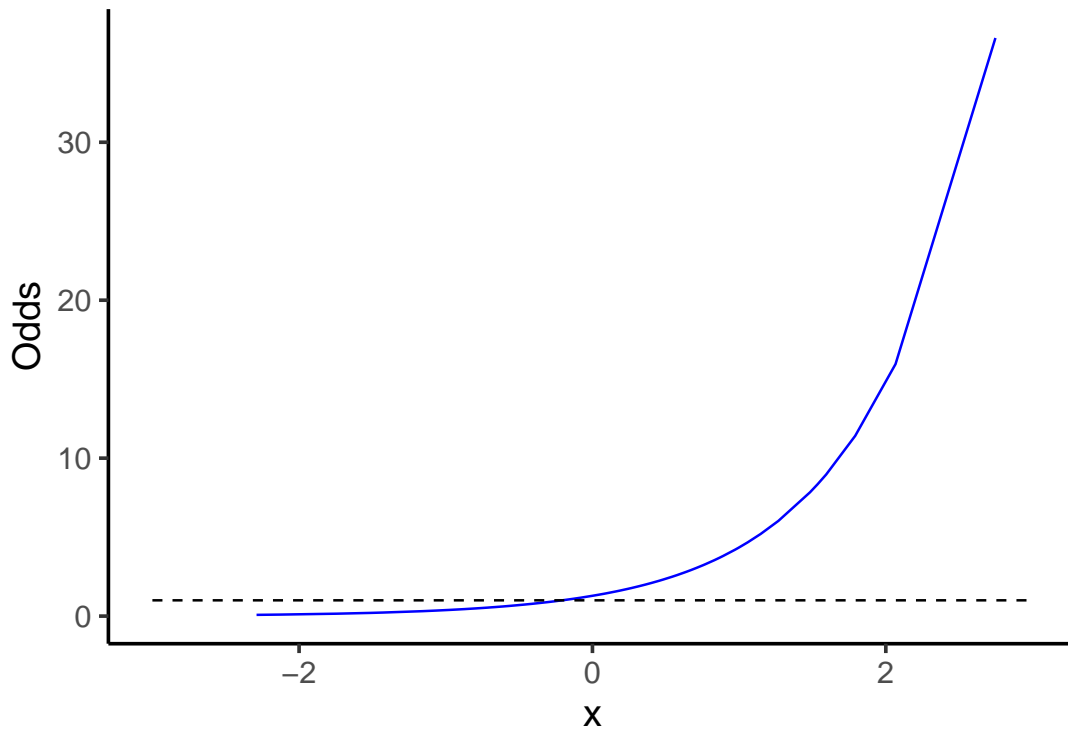
$$odds = \frac{\hat{p}}{(1 - \hat{p})}$$

As **probability** of “success” increases (nonlinearly), the **odds** of “success” increases (also nonlinearly, **but in a different way**)

#### 3.3.2 How do odds work?

- Probability ranges from 0 to 1, switches at 0.5
  - **Success more likely** than failure when  $p > 0.5$
  - **Success less likely** than failure when  $p < 0.5$
- Odds range from 0 to  $+\infty$ , switches at 1
  - **Success more likely** than failure when  $odds > 1$
  - **Success less likely** than failure when  $odds < 1$

$$3.3.3 \text{ odds} = \frac{\hat{p}}{(1-\hat{p})} = e^{0.251+1.219X}$$



### 3.3.4 Odds metric interpretation: General

$$\text{odds} = \frac{\hat{p}}{(1-\hat{p})} = e^{0.251+1.219X}$$

General interpretation of **intercept**:

$b_0$  is related to the **odds of success when  $X = 0$**

- Odds of success **when  $X = 0$** :  $e^{b_0}$
- $b_0 > 0$ : Odds of success  $> 1$  when  $X = 0$
- $b_0 < 0$ : Odds of success  $< 1$  when  $X = 0$

### 3.3.5 Odds metric interpretation: General

$$\text{odds} = \frac{\hat{p}}{(1-\hat{p})} = e^{0.251+1.219X}$$



General interpretation of **slope**:

$b_1$  = relationship between predictor  $X$  and the odds of success

- $b_1 > 0$ : Odds of success **increases** as  $X$  **increases**
- $b_1 < 0$ : Odds of a success **decreases** as  $X$  **increases**

### 3.3.6 Odds metric interpretation: Example

$$odds = \frac{\hat{p}}{(1 - \hat{p})} = e^{0.251 + 1.219X}$$

Interpretation of example **intercept**:

- $b_0 > 0$ : Odds of success  $> 1$  when  $X = 0$ 
  - Success (1) more likely than failure (0) when  $X = 0$
- Odds of success when  $X = 0$ :  $e^{b_0} = e^{0.251} = 1.29$ 
  - A “success” is about 1.29 times as likely as a “failure”
  - Compare to 0.562 probability of success:  $0.562 / 0.438 = 1.28$

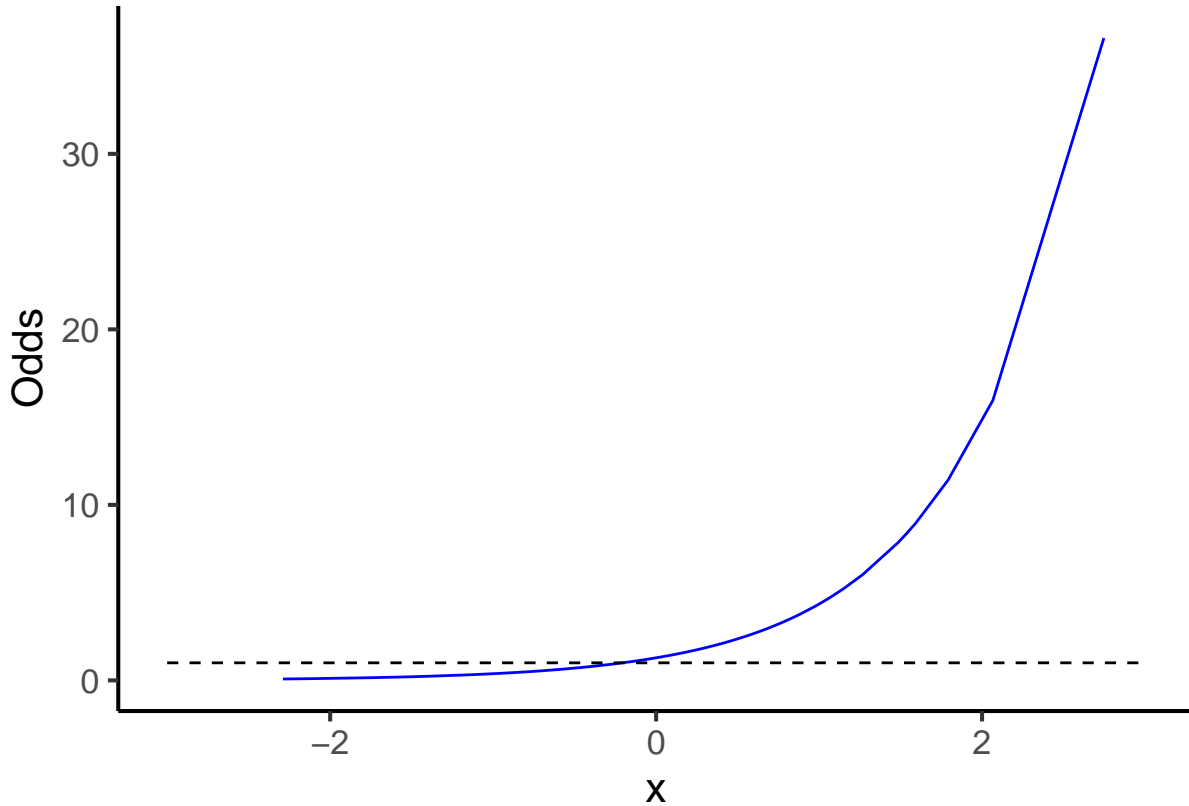
### 3.3.7 Odds metric interpretation: Example

$$odds = \frac{\hat{p}}{(1 - \hat{p})} = e^{0.251 + 1.219X}$$

Interpretation of example **slope**:

$b_1 > 0$ : Odds of a success **increases** as  $X$  **increases**

### 3.3.8 Odds metric interpretation: Non-linear



### 3.3.9 Odds metric interpretation: Non-linear

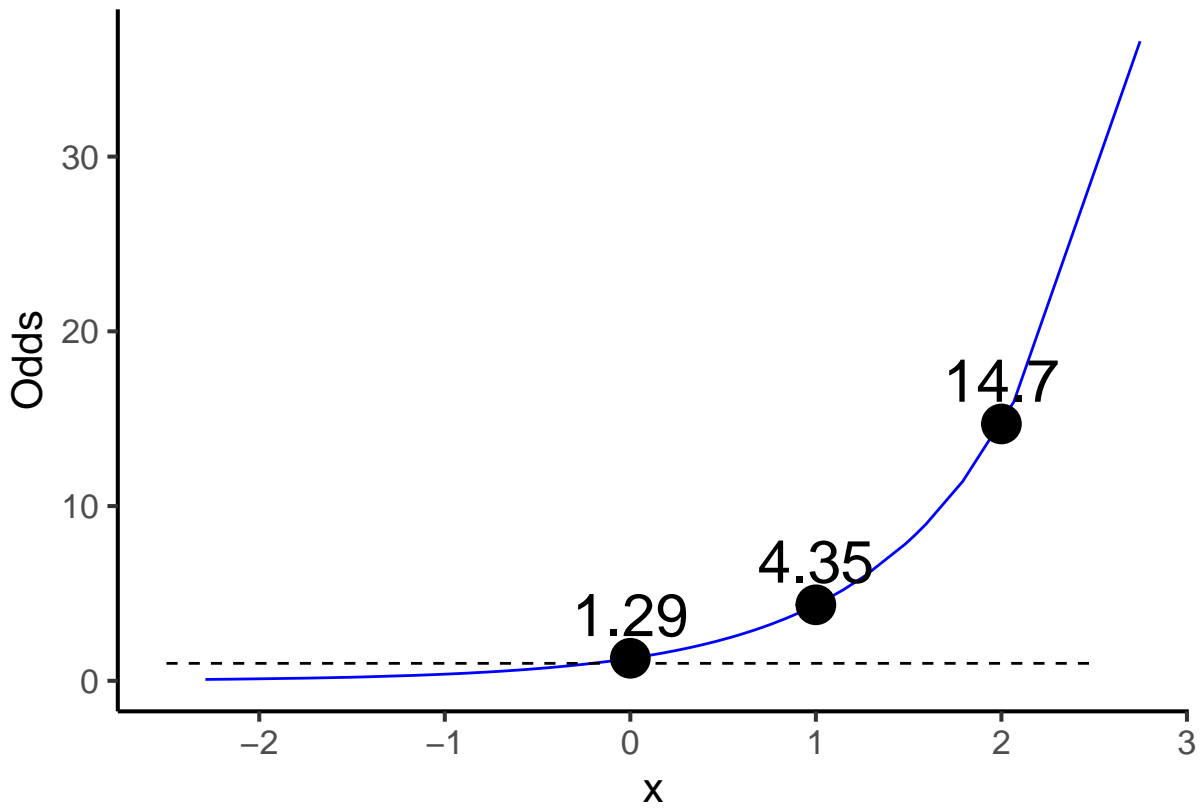
- This non-linear change is presented in terms of **odds ratio**
  - Constant, **multiplicative** change in predicted odds
  - For a 1-unit difference in  $X$ , the **predicted odds** of success is **multiplied by the odds ratio**
- *Example:* odds ratio =  $e^{b_1} = e^{1.219} = 3.38$ 
  - For a 1-unit difference in  $X$ , the **predicted odds** of success is **multiplied by 3.38**

### 3.3.10 Odds metric interpretation: Non-linear

- Odds ratio =  $e^{b_1} = e^{1.219} = 3.38$
- Odds ratio for  $X = 1$  versus  $X = 0$  :  $\frac{\text{odds}(X=1)}{\text{odds}(X=0)} = \frac{4.3492351}{1.2853101} = 3.38$

- Odds of success is 3.38 times larger when  $X = 1$  vs  $X = 0$
- Odds ratio for  $X = 2$  versus  $X = 1$  :  $\frac{odds(X=2)}{odds(X=1)} = \frac{14.7169516}{4.3492351} = 3.38$ 
  - Odds of success is 3.38 times larger when  $X = 2$  vs  $X = 1$
- In fact, **ANY 1 unit difference** in  $X$
- **Constant multiplicative change**

### 3.3.11 Odds metric figure again (odds ratio = 3.38)



### 3.3.12 Odds metric interpretation: Non-linear

X value	Predicted probability	Predicted odds
-3	0.03	0.03
-2	0.10	0.11

X value	Predicted probability	Predicted odds
-1	0.28	0.38
0	0.56	1.29
1	0.81	4.35
2	0.94	14.72
3	0.98	49.80

### 3.3.13 A caution about odds

#### Warning

- **Odds ratios** are very popular in medicine and epidemiology
- They can be **extremely** misleading
- The **same odds ratio** corresponds to many **different** probability values
  - Odds ratio =  $\frac{odds=3}{odds=1} = 3$ 
    - \* Corresponds to probability of 0.75 vs 0.5
  - Odds ratio =  $\frac{odds=9}{odds=3} = 3$ 
    - \* Corresponds to probability of 0.90 vs 0.75

## 3.4 Logit or log-odds metric

### 3.4.1 What is the logit?

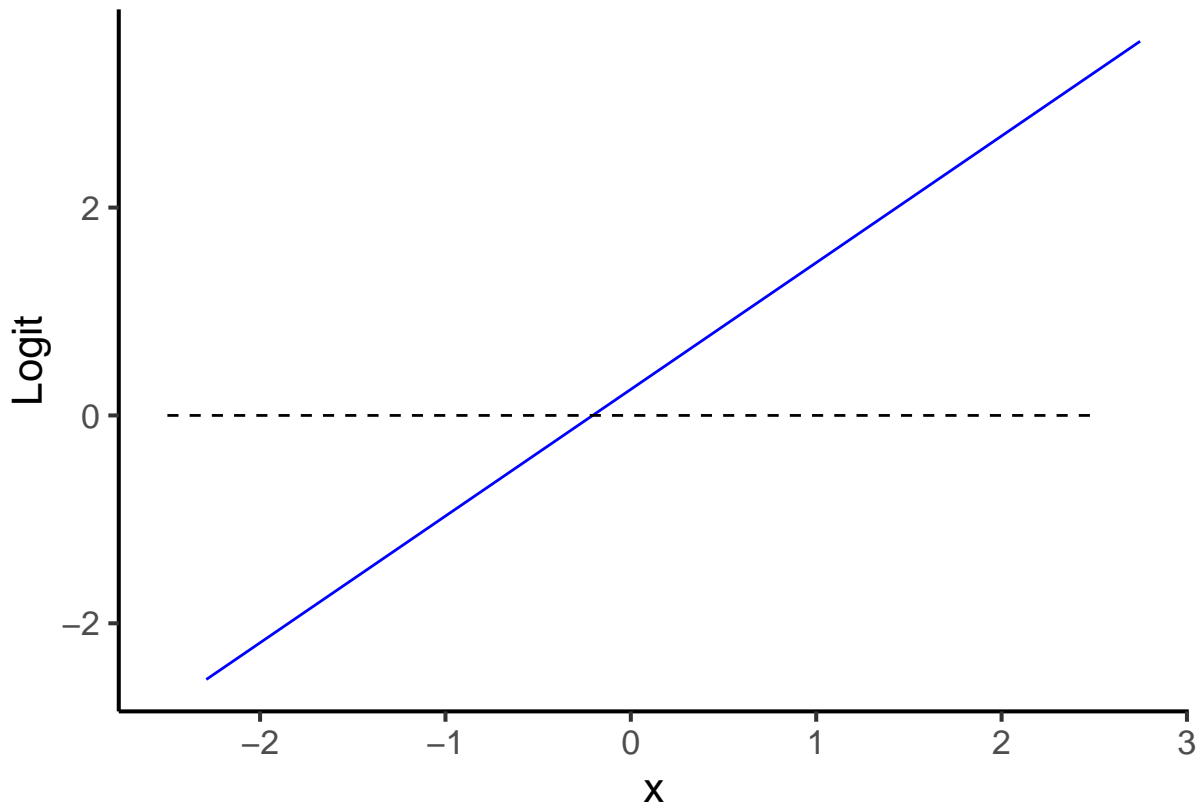
**Logit** or **log-odds** is the natural log ( $\ln$ ) of the odds

- As **probability** of “success” increases (nonlinearly, S-shaped curve)
  - The *odds* of “success” increases (also nonlinearly, exponentially up)
  - The **logit** of “success” increases **linearly**

### 3.4.2 How does the logit work?

- Probability ranges from 0 to 1, **switches at 0.5**
- Odds range from 0 to  $+\infty$ , **switches at 1**
- Logit ranges from  $-\infty$  to  $+\infty$ , **switches at 0**
  - Success more likely than failure when logit  $> 0$
  - Success less likely than failure when logit  $< 0$

**3.4.3**  $\widehat{\text{logit}} = \ln\left(\frac{\hat{p}}{(1-\hat{p})}\right) = 0.251 + 1.219X$



**3.4.4 Logit metric interpretation: General**

$$\widehat{\text{logit}} = \ln\left(\frac{\hat{p}}{(1-\hat{p})}\right) = 0.251 + 1.219X$$

General interpretation of **intercept**:

$b_0$  is related to the logit of success when  $X = 0$

- Logit of success when  $X = 0$ :  $b_0$
- $b_0 > 0$ : Logit  $> 0$  when  $X = 0$
- $b_0 < 0$ : Logit  $< 0$  when  $X = 0$

**3.4.5 Logit metric interpretation: General**

$$\widehat{\text{logit}} = \ln\left(\frac{\hat{p}}{(1-\hat{p})}\right) = 0.251 + 1.219X$$

General interpretation of **slope**:

$b_1$  is the relationship between predictor X and logit of success

- $b_1 > 0$ : Logit of a success increases as X increases
- $b_1 < 0$ : Logit of a success decreases as X increases

### 3.4.6 Logit metric interpretation: Example

$$\widehat{\text{logit}} = \ln\left(\frac{\hat{p}}{(1-\hat{p})}\right) = 0.251 + 1.219X$$

Interpretation of example **intercept**

- $b_0 > 0$ : Logit  $> 0$  when  $X = 0$
- Logit of success when  $X = 0$ :  $b_0 = 0.251$

### 3.4.7 Logit metric interpretation: Example

$$\widehat{\text{logit}} = \ln\left(\frac{\hat{p}}{(1-\hat{p})}\right) = 0.251 + 1.219X$$

Interpretation of example **slope**

- $b_1 > 0$ : Logit of a success increases by **1.219** units when X increases by 1 unit

## 3.5 Metrics wrap-up

### 3.5.1 So which metric should I use?

They are **equivalent**, so use the metric that

- Makes the most *sense* to you
- You can *explain* fully
- Is most commonly used in your *field*

### 3.5.2 Some things to keep in mind

- Odds ratios tell you about **change**, but not **where you start**
  - If you report odds ratios, *also report some measure of probability* e.g., probability of success at the mean of X
  - 10x change is 5 to 50 or 0.05 to 0.5?
- Logit is nice because it's **linear**, but it's not very **interpretable**
  - What is a “logit”? It's just a *mathematical* concept that makes a straight line – not actually **meaningful**
  - *But many psychology measures don't have meaningful metrics...*

### 3.5.3 Confidence intervals

Default results are in **logit metric**: compare to **null value** of 0

term	estimate
(Intercept)	0.251
x	1.219

Confidence intervals are in **logit metric**: does it contain 0?

	2.5 %	97.5 %
(Intercept)	-0.188	0.703
x	0.661	1.876

### 3.5.4 Confidence intervals

$e^{estimate}$  converts to **odds ratio metric**: compare to **null value** of 1

term	estimate	OR
(Intercept)	0.251	1.285
x	1.219	3.383

$e^{estimate}$  converts to **odds ratio metric**: does it contain 1?

	2.5 %	97.5 %	OR 2.5 %	OR 97.5 %
(Intercept)	-0.188	0.703	0.829	2.019
x	0.661	1.876	1.938	6.528

## 3.6 A tiny detour

### 3.6.1 Three alternatives / extensions

- What if I want to focus more on **probability** (and don't care about odds ratios)?
  - Probit regression: based on the cumulative normal distribution, not the logistic distribution
- What if I have **three or more** options for my outcome?
  - Categories have an order to them: Ordinal logistic regression
  - Categories have no order to them: Multinomial logistic regression

## 4 Estimation and model fit

### 4.1 Estimation

#### 4.1.1 You ran a model: What now?

Usually two things you want to do with it

- Compute some measure of predictive power or **model fit**
  - $R^2_{multiple}$  or similar
- **Compare** that model to another competing model
  - Which model is better?



### 4.1.2 Model estimation

Linear regression is estimated using **ordinary least squares** (OLS)

- Produces sums of squares ( $SS$ )
- Measures like  $R^2$  are a function of  $SS$

GLiMs (like logistic regression) are estimated using **maximum likelihood**

- No sums of squares
- Instead: **Deviance**, which is a function of the *log-likelihood*

### 4.1.3 What is deviance?

- Conceptually similar to  $SS_{residual}$
- If you had  $n$  predictors
  - One predictor per person
  - Perfectly predict the outcome values
  - “Perfect” model
- **Deviance** is how far from this “perfect” model you are
  - This is “badness” of fit

## 4.2 $R^2$ measures

### 4.2.1 $R^2$ in linear regression

- $R^2$  for linear regression has many **desirable qualities**
  - Always ranges from 0 to 1
  - Always stays the same or increases with more predictors (never decreases)

Without  $SS_{residual}$ , what can we do?

## 4.2.2 $R^2$ analogues

- There are some **general measures** that work for all GLiMs and some more **specific measures** that only work for *logistic regression*

### Warning

$R^2$  analogues don't have the properties that  $R^2$  in linear regression does

- Can be less than 0 or greater than 1
- Can decrease when you add predictors

## 4.2.3 Pseudo- $R^2$ or $R^2_{deviance}$

$$R^2_{deviance} = 1 - \frac{deviance_{model}}{deviance_{intercept.only.model}}$$

- Compare your model to a model with no predictor (only intercept)
  - Common for many types of *advanced modeling*, could do it for linear regression but probably never would
  - Essentially tests how much closer the model is to the “perfect” model than the intercept only model
  - Theoretically bounded by 0 and 1, but in practice..

## 4.2.4 $R^2_{McFadden}$

$$R^2_{McFadden} = 1 - \frac{LL_{model}}{LL_{intercept.only.model}}$$

- Same idea as  $R^2_{deviance}$ , just using LL instead of deviance
  - Theoretically bounded by 0 and 1
  - Relatively independent of **base rate**
    - \* **Base rate** is the overall **probability of a success** in the sample
    - \* See DeMaris (2002) for more details about logistic regression specific measures

#### 4.2.5 $R^2$ as correlation between observed and predicted values

- In linear regression,  $R^2_{multiple}$  is *also* the squared correlation between the **observed  $Y$  values** and the **predicted  $Y$  values**
- Most software packages can produce *predicted  $Y$  values* for your analysis
  - Save predicted values to the dataset
  - Correlate **observed** and **predicted  $Y$  values** (squared correlation)

### 4.3 Model comparisons

#### 4.3.1 Model comparisons

- In linear regression, if you **added a predictor**, there were two ways to tell if that predictor was adding to the model:
  - Test of the **regression coefficient** (i.e., Wald test:  $t$ -test or  $z$ -test)
  - $R^2_{change}$  for added prediction (with its  $F$ -test)
- **For logistic regression, Wald test of the regression coefficient may not be reliable** (see Vaeth, 1985)
  - Need to use some analogue of the *significance test* for  $R^2_{change}$

#### 4.3.2 Likelihood ratio (LR) test

- **Ratio of likelihoods**
  - Specifically, a **function of likelihood** from ML estimation
  - Even more specifically,  $-2 \times \log - likelihood$
  - $-2 \times LL$  is the **deviance**
- Test statistic
  - $\chi^2 = deviance_{model1} - deviance_{model2}$
  - How did we get from **ratio** to **difference**?
    - \* *Division in log metric is subtraction in regular metric*

### 4.3.3 Likelihood ratio (LR) test

$$\chi^2 = deviance_{model1} - deviance_{model2}$$

- Model 1: simpler model (fewer predictors, worse fit)
- Model 2: more complex model (more predictors, better fit)
- **Degrees of freedom** = difference in number of parameters
  - **Significant test:** Model 1 is significantly worse than Model 2
  - **NS test:** Model 1 and 2 are not significantly different, so go with simpler one (Model 1)

### 4.3.4 LR test: Example

- Logistic regression example: Deviance = 116.146
- Logistic regression model with no predictors (intercept only): Deviance = 137.989
- $\chi^2(1) = 137.989 - 116.146 = 21.843$ 
  - Critical value for  $\chi^2$  with 1 df and  $\alpha = 0.05$  is 3.841
  - The test is significant:  $21.843 > 3.841$ 
    - \* Model 2 is better than Model 1
    - \* The predictor is significant

## 5 Summary

### 5.1 Summary

#### 5.1.1 Summary

- Use logistic regression when your outcome is binary
  - **Don't use linear regression**
- Be careful with interpretation no matter what
  - **Probability:** Probability *makes sense*, but it's *nonlinear*
  - **Odds:** Odds ratio *seems to make sense* but it can be *misleading*
  - **Logit:** *Linear* but what even is a *logit*?
- But many basic concepts parallel linear regression

- Intercept, slope(s), linear combination,  $R^2_{multiple}$

### 5.1.2 In class

- We will
  - Run some logistic regression models
  - Interpret the results